

## Ancestral Mindset

Adopting an Evolutionary Framework to Lead, Influence, and Collaborate

John Daniel

### Summary

***Ancestral Mindset* by thought leader and human relations expert John Daniel offers deep insight into what motivates us and drives our actions and how we can use that information to better lead, influence, and collaborate at work and home.**

If human evolutionary history were compressed into a single calendar year with our earliest ancestor arriving on January 1, our transition from hunter-gatherers wouldn't occur until the end of December. We were hunter-gatherers for well over 90 percent of our collective history. The key to understanding *us* is understanding the hunter-gatherer neurocircuitry that crafted our human nature.

In *Ancestral Mindset*, John Daniel traces the development of the human brain from the birth of our species and applies his insights to teach leadership and teamwork from an evolutionary-neurological perspective.

Why is your fight-or-flight instinct on a hair trigger when the boss calls you in? Why does receiving advice from a colleague induce a threat state? Why does it feel so disproportionately risky to disagree with the team? The answers to those questions lie in our ...

### Contributor Bio

John Daniel is a veteran HR executive with deep experience in leading people and creating a positive company culture. He is a recognized thought leader and speaks at various organizations on culture, leadership, human behavior, and change management.

After forty-seven years in the banking industry, John retired in 2021—his most recent executive role having served as chief human resources officer at First Horizon Bank. He is a recipient of the 2020 James House Williamson Award for his contributions in advancing the HR profession.

In 2022, John was a fellow at Harvard University, studying social impact strategies as part of the Advanced

## The Last Prophet

Mosab Hassan Yousef, James Becket

### Summary

***The Last Prophet* is a novel based on the extraordinary life of the prophet Muhammed, one-time shepherd and outcast revolutionary. This desert master's discipline and principles would later become the basis for Islam, which today claims two billion followers.**

Death comes easily in the seventh-century Arabian desert—from hunger and thirst to the relentless sun to war and raiding tribes who take by force the scarce resources needed to survive. In this harsh land, the powerful city of Mecca is a beacon, famous for its well, which provides abundant life-giving water, and its great temple, where pilgrims come to worship the totems of hundreds of gods. It is here that the prophet Muhammed is born.

An orphan raised by his uncle, Muhammed is disparaged by society. He has traveled throughout Arabia, soaking in an array of knowledge and religious views. He is a man of wisdom and faith who is troubled by the world around him. When God speaks to him, he sets out to preach what he has been told. Though every tribe has their own deity, he speaks of just one God. He shuns arrogance and the pursuit of ...

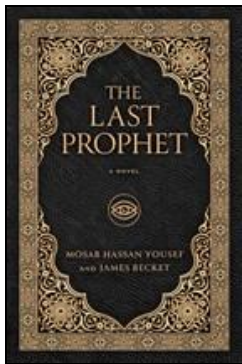
### Contributor Bio

**Mosab Hassan Yousef** was born in Palestine and was part of a strict Muslim family where his father was a leading political figure and a founder of Hamas. Never able to reconcile himself with the killings he witnessed, Hassan rebelled against Hamas, became a double agent, and risked his life to fight terrorism. Eventually, he found his way to the United States and has spent the last several years assimilating to American culture.

Hassan is a sought-after lecturer on the Middle East and a frequent contributor to news networks such as Fox News and CNN. He now devotes himself to writing as well as designing and building houses; he also enjoys yoga, deep-sea diving, and running.

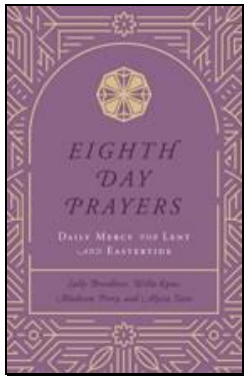
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## Eighth Day Prayers (Volume 2)

### Daily Mercy for Lent and Eastertide

Willa Kane, Sally Breedlove, Madison Perry, Alysia Yates

#### Summary

#### An Invitation to Reflect and Pray During Lent and Eastertide

Year by year, our souls are formed by the forty days of Lent, the hosannas and despairs of Holy Week, the earth-shattering empty tomb, and the joyous fifty-day feast of Eastertide. We recognize our need for the Cross, we prepare to meet our risen Lord again—and we remember that death is not the end. The beauty of the gospel is simple but it is not small, so we put our hope in the love of God.

*Eighth Day Prayers: Mercy for Lent and Eastertide* calls us to a place of repentance and celebration as we journey from Ash Wednesday to Pentecost. This gentle yet powerful guide encourages us to pray with words taken from Scripture. Each entry features:

- a Scripture passage to usher you into God's Word
- a brief reflection to take you deeper into the biblical text
- a Scripture-soaked prayer to conclude your quiet time and refocus your day
- and a calendar at the top of each page to help you find your place

We are all living in the eighth day: The day of Jesus's resurrection. The day of new creation. The day in which the kingdom of God is "a..."

#### Contributor Bio

**Sally Breedlove** is the author of *Choosing Rest* (NavPress, 2002) and one of the authors of *The Shame Exchange* (NavPress, 2009). She is the cofounder of JourneyMates, a Christian soul care and spiritual formation ministry. She serves as a spiritual director and retreat leader on many occasions and the associate director of

## Alchemy of Chaos

### A Radical Guide for Harnessing the Power of the Unknown

Christine Owenell

#### Summary

**In *Alchemy of Chaos*, Christine Owenell offers a radical guide for harnessing the power of the unknown by applying alchemical principles to the chaotic gauntlets of modern leadership and soulful flourishing.**

Chaos. Destruction. Disorder. Confusion. It's everything most try to avoid.

But should it be? Are you willing to entertain another perspective?

As a sought-after executive advisor to visionary leaders and power brokers in business, entertainment, and culture, Christine Owenell explores an unconventional approach to leadership that utilizes chaos—both internal and external— as a tool to support growth, expand perspective, and hone mastery.

Her debut book, *Alchemy of Chaos*, aims to crystalize and develop what is required to lead in times of uncertainty. It reframes chaos as an essential natural phenomenon that can be leveraged to create new pathways of thought, action, and possibility.

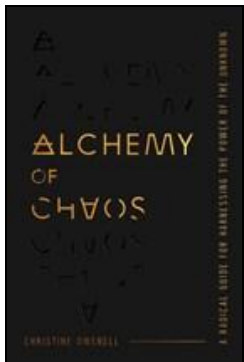
Drawing upon archetypal psychology, ancient wisdom, ontological philosophy, and personal insights, she posits that a full embrace of the turbulent unknown will drive our evolution as individuals and as a s...

#### Contributor Bio

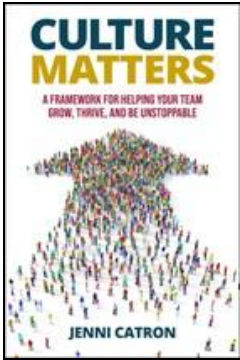
Christine Owenell is an executive advisor to CxOs, visionaries, public figures, and high net worth individuals. She also works in an organizational consultative capacity with Fortune 500 clients, innovative high-growth startups, and family offices. She has served as a mentor to the Kauffman Fellows and as a Global Shaper with the World Economic Forum.

Christine provides a gateway to access unrealized human potential by weaving together elements of business

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## Culture Matters

**A Framework for Helping Your Team Grow, Thrive, and Be Unstoppable**

Jenni Catron

### Summary

**Culture Matters provides a framework for leaders, new and seasoned, to lead through culture by helping leaders define their organization and goals, assess and develop their team members, and to lead with intention.**

Having a team of people aligned around a goal, unified in purpose, and committed to one another is something most leaders aspire to. But how do you get there, and where do you start?

Imagine a world where the mission and vision of every organization is clear, and employees are energized to come to work, they enjoy working together, and they have clarity for how to achieve their goals.

Stewarding people is one of the greatest responsibilities of a leader, and building a healthy culture takes intentionality. Author, speaker, and leadership expert Jenni Catron teaches leaders that if your culture is not healthy, your strategy is irrelevant. Using her LeadCulture Framework, Catron challenges leaders to be intentional about culture and to build it with passion, clarity, and teamwork. By providing a system for leaders to use in their own organization, she equips readers with helpfu...

### Contributor Bio

**Jenni Catron** is a sought-after leadership coach, author, and speaker, dedicated to cultivating healthy leaders and empowering them to build thriving teams. With over twenty-five years of experience serving leaders in both corporate and non-profit sectors, Jenni stands as a seasoned expert in values-based leadership and organizational health.

Host of the LeadCulture Podcast, Jenni is certified in Predictable Success, Working Genius, and creator of the LeadCulture Framework. Her mission is to help leaders develop clarity and confidence in their roles, encouraging them to lead themselves well so they can lead others better.

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## Unleash Your Financial Superpowers

**How the First-Generation Wealthy Do It—And How You Can Too**

Greg Luken

### Summary

**Full of wealth-building advice and firsthand accounts of those who have built their wealth from nothing, *Unleash Your Financial Superpowers* contains the keys to helping readers unlock their own “financial superpowers” that Greg Luken believes resides in all of us.**

The first-generation wealthy are a type of modern superhero. From humble beginnings to unexpected heights of success, these men and women have changed their lives, families, communities, and futures forever. They've fought the hard battles, they've suffered big losses, they've overcome fierce adversaries, and they've lived to tell the tale.

But what is it that makes them so successful? How did they turn several generations of financial struggle into lasting generational wealth? And more importantly, how can the rest of us do what they've done? How can we become financial superheroes ourselves?

In *Unleash Your Financial Superpowers*, investment manager and wealth coach Gregory Luken draws on his four decades of working with the first-generation wealthy to reveal the secrets behind their enduring financial triumphs and their stra...

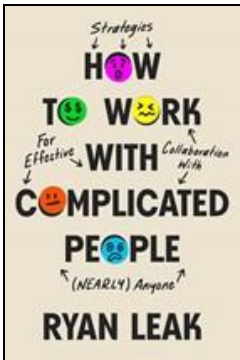
### Contributor Bio

Founder of Luken Investment Analytics, Gregory Luken began developing math-based investment solutions for clients in the early 1990s. For more than four decades, he has been working primarily with first-generation wealthy—men and women who have built their own wealth from nothing. Along with leading a wealth management and investment analytics firm, Luken founded a broker/dealer, an online institutional analysis platform, and created published indexes. Luken has served as a mutual fund portfolio manager and received his first securities registration in 1988.

The author of several books, Luken has been published in *Forbes*, *Financial Advisor Magazine*, *Wealth*

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## How to Work with Complicated People

### Strategies for Effective Collaboration with (Nearly) Anyone

Ryan Leak

#### Summary

**Bestselling author and transformational speaker Ryan Leak shares research-based strategies for working with even the most challenging people to create more collaborative and productive teams.**

Who is the most complicated person you work with?

You probably don't have to think very hard to answer that question. You already know their name, their job title, their quirks, and their flaws. You have firsthand experience with the mental and emotional fallout they leave in their wake. You've seen the problems their complexity creates for everyone on their team. You wish you could fix them, solve them, ignore them, or teleport them to a parallel dimension.

But you can't.

You have to work with them.

(You could quit, but your next job will have a complicated person waiting for you.)

That means you need effective strategies to collaborate with (nearly) anyone. Especially the picky, prickly, problematic ones.

Drawing from his global consulting experience with teams and leaders from the glitz of sports and entertainment, to the number-crunching world of finance, to the meticulous realms of insurance, phar...

#### Contributor Bio

Ryan Leak is a best-selling author, esteemed executive coach, and a highly sought-after transformational speaker. With an incredible reach of over 1 million people every year through his keynotes, Ryan's words have the power to transform lives. Each year, he dedicates his expertise and research to the growth of over 100,000

## Grace Yourself

### How to Show Up for the Sober Life You Want

Chris Janssen

#### Summary

**Chris Janssen's *Grace Yourself* is a guide for anyone struggling with addiction to move beyond self-limiting behavior into a life of fullness and freedom.**

Alcohol had a hold on Chris Janssen's actions and thoughts until she made the life-changing decision to attend a support meeting and realized two truths: it wasn't her fault and she wasn't alone. Once she was embraced by a community that offered a nonjudgmental look at her struggles, Chris discovered that if she wanted to have a full and lasting life, alcohol could have no part.

In *Grace Yourself*, a humble account of Chris's transformation to an alcohol-free life, she offers a hand to others who are experiencing similar struggles, whether their addiction is alcohol or anything else.

With heaps of grace, Chris shares the ups and downs of her journey while teaching you how to get curious and ask questions that move you forward. There is zero shame in her approach, and her expertise in coaching will help you let go of what's holding you back so you can live a full and free life.

*Grace Yourself* will help you:

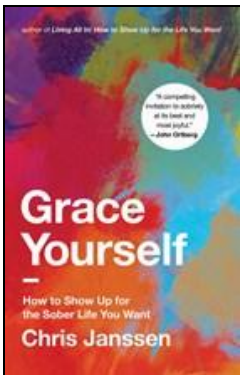
- Get crystal clear on what you w...

#### Contributor Bio

Chris Janssen, MA, BCC, is an award-winning, bestselling author, inspiring speaker, and a board-certified coach with a master's in counseling psychology, whose unique style has energized hundreds of clients to close the gap between where they are and where they want to be. Chris excels in working with high performers, understands the character traits of driven achievers, and helps people thrive doing what they love. Chris says her clients are experts at what they do, and she's an expert at the psychology of what they do. Together they achieve

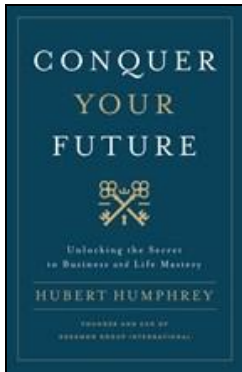
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## Conquer Your Future

Hubert Humphrey

### Summary

*Conquer Your Future* is not just another recounting of corporate success or entrepreneurial endeavors, it chronicles Humphrey's meteoric ascent to business success—including the triumph of *three-billion-dollar* market cap companies. This book goes far beyond biography, it is a personal blueprint for achieving unparalleled success of your own.

Humphrey prides himself on the dependable, replicable formula that disrupted the insurance industry and made him a millionaire many times over. In *Conquer Your Future*, you'll learn that system through and through, alongside a laundry list of actionable insights, essential do's and don'ts, and precious pearls of wisdom: all the tools and knowledge to turn your vision into achievement. What you'll find in this book:

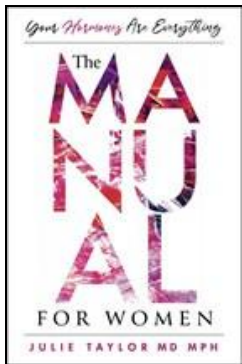
- **Global Footprint:** From the humble streets of South Macon, Georgia to major hubs like Canada, Taiwan, the Philippines, Japan, the UK, and Mexico, Humphrey's narratives span continents, offering readers a uniquely international perspective on business.
- **Hands-On Wisdom:** With four plus decades in marketing and finance, Humphrey shares stories t...

### Contributor Bio

Hubert has journeyed from "Boxcar to Business Star." A college dropout, trapped in a dangerous, low-paying railroad job, Hubert sought more from life. With no career opportunities, or funds to start a business, his breakthrough came when he landed an opportunity at A.L. Williams & Associates (ALW), founded by Arthur L. "Art" Williams Jr.

While at ALW created the Leadership Format System (LFS) and combined it with Art's "Buy Term and Invest the Difference" (BT/ID) concept, making ALW the top life insurance producer in North America with 1.5 million recruits and over ten million term life policies sold. A.L. Williams & Associates (ALW) is now known as Primerica Financial Services (PFS), an eight-billion-dollar+ company.

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## The Manual for Women

**Your Hormones Are Everything**

Julie Taylor

### Summary

**From hormone specialist and functional medicine doctor, Dr. Julie Taylor, comes a paradigm-shifting guidebook to help women optimize their hormones, starting from birth, through every stage of life, so they can reverse their symptoms, prevent disease, and thrive as they age.**

*Have the vibrant life you've always wanted. No matter your age or stage.*

We have a manual for everything from our smartphones to our printers to our refrigerators. But where is the manual for our most important asset?

Where is the manual for *you*?

We're all different, and there's no one-size-fits-all rulebook. But there are universal truths that apply to all of us at every stage. Dr. Julie Taylor understands this. After being disillusioned by the lack of solutions within conventional medicine—a system aimed at *treating* not preventing diseases and disorders—she walked away from her medical residency in search of something better. A way to stop diseases before they even start.

And now, Dr. Taylor has created a Manual just for women. One where she starts at the very beginning and shares paradigm-shifting advice that detai...

### Contributor Bio

**Dr. Julie Taylor** is a bioidentical hormone specialist and functional medicine doctor with a thriving practice located in Pasadena, California. She aims to restore health and wellness to her patients by treating the whole person. She sees patients—men and women of all ages—in her practice, where she emphasizes preventive medicine, reversing chronic disease, and finding root cause of all symptoms. She focuses especially on menopause management and helping women find quality of life as they age.

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